

Caring for your new piercing is just as important as the piercing itself.

Do's Dont's

Be extra careful not to get your piercing tangled when you change clothes & putting on mask/hijab.

Wash your hands before touching your new piercings.

Disinfect anything that goes in, on, or around your piercings daily to decrease the risk of bacteria. This includes cellphone, headphone, headband, etc...

Keep the piercing clean and dry after shower, swimming or any other sport activities.

Gently clean the front & back of your piercing with a cotton bud soaked in Piercing Care Solution 2-3 times a day.

Healing time varies Lobe: 1,5 - 3 months

Helix, Forward Helix, Flat, Rook,

Conch, Tragus, Nostril: 6 - 12 months Anti-tragus, Daith: 9 - 12 months

Be Mindful **About**

Hygiene is

Priority

What to

Expect

pierced side. DO NOT USE ANYTHING

> OTHER THAN THE PIERCING **CARE SOLUTION ON YOUR NEW PIERCING.**

Avoid sleeping or putting any

kind of pressure on the

Avoid exposure to sunscreen, perfume, comestic, lotions, etc.

Don't freak out & don't remove your earrings when you experience minor bleeding, swelling, itching, localised bruising. It's a normal sign of the healing process.

Continue applying Piercing Care Solution 3-4 times daily.

The reactions will subside after a few days. Should it gets worse, see your physician or chat Tindik Care via Whatsapp.

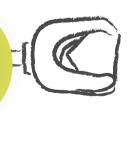
Did you get a cartilage piercing? Now, learn about **DOWNSIZING** for an even better healing!

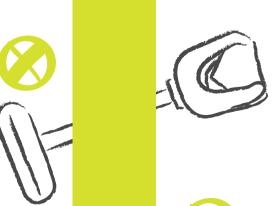
What is Downsizing?

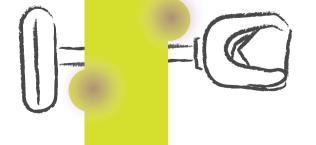
YOU WILL INITIALLY BE PIERCED WITH A

FROM THIS









TO THIS

LONGER POST (8-10 MM) TO ACCOMMODATE POTENTIAL SWELLING DURING THE EARLY STAGES OF PIERCING

PIERCING ANGLE TO MOVE DUE TO PRESSURE FROM BEING SLEPT ON, ETC

DOWNSIZING PREVENTS MOVEMENT AND

OR PIERCING BUMPS ALLOWING THE PIERCING TO HEAL PROPERLY DOWNSIZING TO A SHORTER POST (6-7 MM),

IT ALSO REDUCE RISK OF INFECTION

TYPICALLY DONE 4-6 WEEKS AFTER THE PIERCING HAS GOTTEN BETTER

> & LESS GAP FOR THE EARRINGS TO GET SNAGGED OR PULLED BY ACCIDENT

SHORTER POST MEANS MORE COMFORT

Do not leave your new piercings without earrings for more than 24 hours & only use hypoallergenic earrings (nickel-safe) for optimal healing & to prevent allergic reaction.



You're always welcomed at Tindik Studio. Our piercers are more than happy to assist on your healing process.